

Chirurgia Maxillo-Facciale

Dipartimento di Scienze Odontostomatologiche e Maxillo-Facciali "La Sapienza" Università di Roma. U.O.C. di Chirurgia Maxillo-Facciale Direttore Prof. Piero Cascone

TMD TREATMENT

Prof. Piero Cascone



XXII Congress of the European Association for Cranio-Maxillo-Facial Surgery Prague, Czech Republic | 27-26 September 2014, Prague Congress Centre

-ACMES 2AL



TMD PATIENTS TREATED BETWEEN 1993 AND 2007 DIPARTIMENTO DI SCIENZE ODONTOSTOMATOLOGICHE E MAXILLO-FACCIALI UNIVERSITA' DI ROMA "LA SAPIENZA"

NON SURGICAL TREATMENT 3927

SURGICAL TREATMENT

672















TEMPORO-MANDIBULAR DISORDER

DEFINITION

GROUP OF MORPHO-STRUCTURAL ANOMALIES, FUNCTIONAL ALTERATION AND DESEASE INVOLVING TMJ, MASTICATORY MUSCLE AND RELATED STRUCTURE.

TMD ARE PART OF THE MUSCOLOSKELETAL PATOLOGY CLASSIFICATION.

EPIDEMIOLOGY

60-70% OVER ALL HAVE AT LEAST ONE TMD SIGN OR ONE TMD SYMPTOM

25% REFERE A SIGN OR SYMPTOM TO THE FAMILY DOCTOR

5% NEED TREATMENT

American Academy of Craniofacial Pain

Temporomandibular disorders (TMD) are a significant public health problem affecting approximately 5% to 12% of the population. TMD is the second most common muscoloskeletal condition (after chronic low back pain) resulting in pain and disability. Pain relatel TMD con impact the individual's daily activities, psychosocial functioning, and quality of life.

TMD TEMPOROMANDIBULAR DISORDERS

MYALGIA AND FIBROMYALGIA

INTERNAL DERANGEMENT

INTERNAL DERANGEMENT

>SUBLUXATION AND LUXATION

>DISC DISPLACEMENT WITH REDUCTION

>DISC DISPLACEMENT WITH REDUCTION WITH INTERMITTENT LOCKING

>DISC DISPLACEMENT WITHOUT REDUCTION WITH LIMITED OPENING

>DISC DISPLACEMENT WITHOUT REDUCTION WITHOUT LIMITED OPENING

>DEGENERATIVE JOINT DESEASE

SUBLUXATION AND LUXATION

A hypermobility disorder involving the disc-condyle complex and the articular eminence: In the open mouth position, the disc complex is positioned anterior to the articular eminence and is unable to return to a normal closed mouth position without a manipulative maneuver. The duration of dislocation may be momentary or prolonged. When the patient can reduce the dislocation himself/herself, this is referred to as luxation. This disorder is also referred to as "open lock". The sensitivity and specificity have been established for only subluxation.

DISC DISPLACEMENT WITH REDUCTION

An intracapsular biomechanical disorders involving the condyle-disc complex. In the closed mouth position, the disc is in anterior position relative to the condylar head and the disc reduces upon opening of the mouth. Medial and lateral displacement of the disc may also be present. Clicking, popping or snapping noises may occur with disc reduction. A story of prior locking in the closed position coupled with interference in mastication precludes this diagnosis.

DISC DISPLACEMENT WITH REDUCTION WITH INTERMITTENT LOCKING

An intracapsular biomechanical disorders involving the condyle-disc complex. In the closed mouth position, the disc is in anterior position relative to the condylar head and the disc intermittently reduces with opening the mouth. When the disc does not reduce with opening the mouth, intermittent limited mandibular opening occurs. When limited opening occurs, a maneuver may be needed to unlock the TMJ. Medial and lateral displacement of the disc may also be present. Clicking, popping or snapping noises may occur with disc reduction.

DISC DISPLACEMENT WITHOUT REDUCTION WITH LIMITED OPENING

An intracapsular biomechanical disorders involving the condyle-disc complex. In the closed mouth position, the disc is in anterior position relative to the condylar head and the disc does not reduce with opening the mouth. Medial and lateral displacement of the disc may also be present. This disorder is associated with persistent limited mandibular opening that does not reduce with the clinician or patient performing a manipulative maneuver. This is also referred to as "closed lock". This disorder is associated to limited mandibular opening.

DISC DISPLACEMENT WITHOUT REDUCTION WITHOUT LIMITED OPENING

An intracapsular biomechanical disorders involving the condyle-disc complex. In the closed mouth position, the disc is in anterior position relative to the condylar head and the disc does not reduce with opening of the mouth. Medial and lateral displacement of the disc may also be present. This disorder is NOT associated with current limited opening.

DEGENERATIVE JOINT DESEASE

A degenerative disorder involving the joit characterized by deterioration of articular tissue with concomitant osseous changes in the dondyle and/or articular eminence.

INTERNAL DERANGEMENT THERAPEUTIC FLOW CHART

MANDIBULAR LUXATION



Cascone P; Di Paolo C. Patologia della Articolazione Temporomandibolare. Torino: UTET, 2004.







Cascone P; Di Paolo C. Patologia della Articolazione Temporomandibolare. Torino: UTET, 2004.

TEMPORO-MANDIBULAR OSTEOARTHROSIS



Cascone P; Di Paolo C. Patologia della Articolazione Temporomandibolare. Torino: UTET, 2004.

ANATOMY











TMJ BASIC COMPONENTS

MANDIBLE

TEMPORAL BONE

CAPSULE DISC RETRODISCAL TISSUE SYNOVIA LIGAMENTS MUSCLES VESSELS NERVES











TEMPORAL BONE









CAPSULE RETRODISCAL TISSUE DISC SYNOVIA LIGAMENTS


































MUSCLES





MAXELARY ATTERY INTERNAL MAXELARY PUPEROR ALVEOLAR HERVE MODILE MEMORAACIBULAR UCAMINIT -INTERNAL MERVE

MILOHTOD ,

ODC GANGUON

CHOANAZ

BUSTADHAN TUBE CARTAGONOUS

LATERAL PTERIOOD PLATE TEMPOROWANDIEULAR XONT ARTICULAR DITX DITENAL PTERIOOD WATCH MEDIAL PTERIOOD PLATE

INTERNAL PTERYOCHE MUSCLE

- HAMULAR PROCESS:

INTERNAL PERFORMANCE ADDRESS INTERNAL PERFORMANCE ADDRESS PERCONNECTION INSIGN DUCT OF PARTIE GENER INCOMMENT CITED

LATERAL





















FORAMEN OVALE

MANDIBULAR NERVE



MANDIBULAR NERVE



The mandibular nerve exits the middle cranial fossa trough the foramen ovale.

Its average intracranial lenght between the <u>trigeminal ganglion</u> and the <u>foramen</u> <u>ovale</u> measured 6.63 mm (range 2.9-11.1)

The foramen ovale also transmits

- the <u>accessory meningeal artery</u>
- the lesser superficial petrosal nerve

Strobel FJ. Uber Lagebeziehungen des Ganglion trigeminale. Medical Dissertation, Wurzburg, 1980

MANDIBULAR NERVE

INFRATEMPORAL FOSSA

DIVISIONS OF THE MANDIBULAR NERVE



ANTERIOR DIVISION

- Anterior and posterior deep temporalis nerves
- Lateral pterygoid nerve
- Buccal branch
- Masseteric nerve

Janfaza et al. Surgical Anatomy of the Head and Neck Lippincott Williams & Wilkins 2001

MANDIBULAR NERVE

INFRATEMPORAL FOSSA

DIVISIONS OF THE MANDIBULAR NERVE



POSTERIOR DIVISION

- Lingual nerve
- Inferior Alveolar nerve
- Auricolotemporal nerve

Janfaza et al. Surgical Anatomy of the Head and Neck Lippincott Williams & Wilkins 2001

IS THERE A LINK BETWEEN TRIGEMINAL PATHWAY AND TMD?



TMJ AND MANDIBULAR NERVE RELATIONSHIP



Schmidt BL, Pogrel MA, Necoechea M and Kearns G. The distribution of the auriculotemporal nerve around the temporomandibular joint. Oral Surg Oral Med Oral Pathol Oral Radiol Endod 1998; 86: 165-8.

Johansson A, Isberg A, Isacsson G. A radiographic and Histologic study of the topographic relations in the temporomandibular joint region. J Oral Maxillofac Surg 1990; 48: 953-61.
















































TMJ AND MANDIBULAR NERVE RELATIONSHIP

THE INTERRELATION BETWEEN DISC DISPLACEMENT AND TRIGEMINAL NERVE

THE IMPORTANCE OF A CORRECT
DISCAL REPOSITIONING



"No matter what directions force is applied to a door it can only swing, open or close in the direction constrained by its hinges"

Osborn JW. "The TM ligament and the articular eminence as costraints during jaw opening" J Oral Rehab, 1989.



"No matter what directions force is applied to a door it can only swing, open or close in the direction constrained by its hinges"

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STOMATHOGNATIC BIOMECHANICAL RESTRICTIONS

MUSCLES AND NERVES

DIRECTIONS AND LIMITS OF MANDIBULAR MOVEMENTS ARE CONTROLLED BY..

BIOMECHANICAL RESTRICTIONS

STOMATHOGNATIC BIOMECHANICAL RESTRICTIONS

Constraints that guide and at the same time limit the movements of the temporo mandibular joint activated by the masticatory muscle forces



BIOMECHANICAL RESTRICTION OCCLUSION

TMJ STRUCTURES AND ASSOCIATED LIGAMENTS

TEMPOROMANDIBULAR JOINT

- Temporo mandibular ligament Osborne 1987
- Retrodiscal tissue Kino 1993
- Articular disc Osborne 1985
- Lateral ligament of the disc Cascone 1990
- Synovial membrane Nitzan 2002
- Synovial fluid Cascone 2002
- Synovial fluid Nitzan 2004

OCCLUSAL

- RAMFJORD S.P., 1983
- PARKER M.W., 1984
- WILLIAMSON E.H., 1984
- RIISE C., 1984
- DAWSON P.E., 1985





Temporo mandibular ligament

1)During jaw opening the digastric muscle's traction pushes backwards the mandible keeping in tension the temporo-mandibular ligament

2)The temporo-mandibular ligament produces the mandibular traslation squeezing the disc between the articular surface



Osborn JW. The temporomandibular ligament and the articular eminence as constraints during jaw opening. J Oral Rehabil 1989;16:323-333

• Temporo mandibular ligament Osborne 1987

3)The taut temporo mandibular ligament changes the rotational axis of the condyle and promotes the sliding movement of the condylo-discal complex upon the articular eminence

4)Condyle is restricted by the temporo-mandibular ligament and by the articular eminence to move downwards and forwards





Osborn JW. The temporomandibular ligament and the articular eminence as constraints during jaw opening. J Oral Rehabil 1989;16:323-333

RETRODISCAL TISSUE

As the condyle moves forward the elastic fibers expand the inner space of the plexus and the blood flow is pulled into the plexus

Venous blood is disloged backward or forward around the condyle to help the balance of the changing tissue tensions and pressures when the condyle moves up or down on the articular eminence



Kino K. "Reconsiderations of the bilaminar zone in the retro discal area of the TMJ" in Oral Surg Oral Med Oral Path 75, 1993.

Retrodiscal tissue

Kino 1993

Venous blood is disloged backward or forward around the condyle to help the balance of the changing tissue tensions and pressures when the condyle moves up or down on the articular eminence

During the mouth-closing phase the blood flows out due to the pressure of the condyle



Kino K. "Reconsiderations of the bilaminar zone in the retro discal area of the TMJ" in Oral Surg Oral Med Oral Path 75, 1993.

LATERAL LIGAMENT OF THE DISC

The lateral ligament prevents the antero-medial dislocation of the articular disc in rest position.



The lateral ligament prevents the antero-medial dislocation of the articular disc in rest position.

Cascone P. "Dinamica funzionale dell' ATM: importanza del legamento capsulare laterale" Dental Cadmos 4, 1990

SYNOVIAL FLUID

BIOMECHANICAL FUNCTION OF SYNOVIAL FLUID CHANGES UNDER LOAD



Adhesive force: the underlying cause of the disc anchorage to the fossa and/or eminence in the temporomandibular joint – A new concept. Nitzan DW, Etsion I. Int J Oral Maxollofac Surg, 2002; 31: 94-9.

Hyaluronic acid's biomechanical stabilization function in the temporomandibular joint. Cascone P, Fonzi Dagger L, Aboh IV J Craniofac Surg. 2002 Nov; 13(6):751-4 **INTERNAL DERANGEMENT**

LUXATION OR SUBLUXATION

DISK DISPLACEMENT WITH REDUCTION (CLICK)

DISK DISPLACEMENT WITHOUT REDUCTION (LOCK)

DEGENERATIVE JOINT DESEASE

Cascone P; Di Paolo C. Patologia della Articolazione Temporomandibolare. Torino: UTET, 2004.

MANDIBULAR LUXATION OR OPEN LOCK



WHEN THE PATIENT CAN REDUCE THE DISLOCATION HIMSELF THIS IS REFERRED AS SUBLUXATION. WHEN THE PATIENT NEEDS THE ASSISTENT OF THE CLINICIAN THIS IS REFERRED TO LUXATION.

COMPLETE LOSS OF CONNECTION BETWEEN DISC-CONDYLE AND GLENOID FOSSA, IMPOSSIBLE TO CLOSE THE MOUTH.

MUSCOLAR DISORDER AND LIGAMENT LAXITY

SPORADIC (1-2 EPISODES) RELAPS (2-3 EPISODES) RECURRENT (>4 EPISODES) USUAL (EVERY MOUTH OPENING)

PAIN AND MUSCOLAR CONTRACTION

LIMITED MOUTH OPENING

SIGNS AND SIMPTOMS OF NEURO-VEGETATIVE IRRITATION

MANDIBULAR LUXATION



Cascone P; Di Paolo C. Patologia della Articolazione Temporomandibolare. Torino: UTET, 2004.

DISC DISPLACEMENT WITH REDUCTION



ANTERIOR-MEDIAL DISC DISLOCATION (CLICK)

MODIFIED ANATOMICAL CONNECTION BETWEEN DISC AND CONDYLE

DISC DISPLACEMENT WITH REDUCTION

•CONSENSUAL ARTICOLAR NOISE (CLICKING)

MANDIBULAR KINETICS ALTERATION

•LOCAL PAIN

•HEADACHE

•NECK PAIN

•ARMS PAIN

•TINNITUS

•HEARING LOSS

•AURICOLAR FULNESS

•ATYPICAL TRIGEMINAL SYMPTOMS

•DIZZINESS

•EARLY CLICK •INTERMEDIATE CLICK •LATE CLICK

AN EARLY CLICK IS SIGN OF EARLY DISC RECAPTURE BY CONDYLE

A LATE CLICK IS SIGN OF IMMINENT ARTICOLAR LOCK

(LATE AND DIFFICULT RECAPTURE)




































CLOSED LOCK



ANTERIOR-MEDIAL DISC DISLOCATION PERMANENT LOSS OF CONDYLE-DISC CONNECTION

AN EVOLUTION OF ANTERIOR DISC DISLOCATION

CLOSED LOCK – SIGNS AND SYMPTOMS

•PREVIOUS CLICK POSITIVE HISTORY

•MOUTH OPENING SEVERE LIMITATION

•MANDIBULAR KINETIC ALTERATION

•OROFACIAL PAIN

•HEADACHE

•NECK PAIN

•ARMS PAIN

•TINNITUS

•HEARING LOSS

•AURICOLAR FULNESS

•ATYPICAL TRIGEMINAL SYMPTOMS

•DIZZINESS

ACUTE SPORADIC RILAPSING CHRONIC/PERMANENT (IPO-MOBILITY > 30 DAYS) CHRONIC/TERMINAL





ARTHROCENTESIS



ARTHROSCOPY









SPLINT THERAPY



RA.DI.CA.

TMJ DISTRACTION DEVICE













LONG TERM FOLLOW UP

OSTEOARTHROSIS

ARTICULAR SYMPTOMS WITH CARTILAGE INJURY, BONE AND SURROUNDING TMJ REGION MODIFICATION (American Rheumatism Association)

TERMINAL EVOLUTION OF DISC-CONDYLE INCOORDINATION TEMPOROMANDIBULAR DISORDER CAUSED BY SYSTEMIC DESEASE

SEVERE AND ANOMALOUS MANDIBULAR KINETICS LIMITATION

TMJ NOISE

ORO-FACIAL PAIN

SYSTEMIC ARTHROPATY

TEMPOROMANDIBULAR DISORDER HISTORY

Cascone P; Di Paolo C. Patologia della Articolazione Temporomandibolare. Torino: UTET, 2004.



OSTEOARTHROSIS – SIGNS AND SYMPTOMS

- •TEMPOROMANDIBULAR DISORDER POSITIVE HISTORY
- •SEVERE MOUTH OPENING PAIN
- •NON CONSENSUAL TMJ NOISE
- •MANDIBULAR KINETIC ALTERATION
- •OROFACIAL PAIN
- •HEADACHE
- •NECK PAIN
- •ARMS PAIN
- •TINNITUS
- •HEARING LOSS
- •AURICOLAR FULNESS
- •ATYPICAL TRIGEMINAL SYMPTOMS
- •DIZZINESS
- •SYSTEMIC ARTHROPATHY

TEMPORO-MANDIBULAR OSTEOARTHROSIS



Cascone P; Di Paolo C. Patologia della Articolazione Temporomandibolare. Torino: UTET, 2004.

TMJ FUNCTIONAL OPEN SURGERY

THE INTERNAL DERANGEMENT: A 35 YEARS EXPERIENCE IN FUNCTIONAL OPEN SURGERY

SURGERY: WHEN ?

IRREVERSIBLE DAMAGE

IRREVERSIBLE TMJ DYSFUNCTION SYMPTOMS



IRREVERSIBLE LOCAL OR DIFFUSE ORO-FACIAL PAIN



IT IS NOT THAT EASY TO DIAGNOSE AN ALTERATION OF THE STRUCTURES

AND

QUITE DIFFICULT TO CONFIRM ITS IRREVERSIBILITY

TWO ARE THE MAIN REASONS TO DECIDE FOR SURGERY

MORPHOFUNCTIONAL RECOVERY

PATIENT'S WELLNESS

TWO ARE THE MAIN REASONS TO DECIDE FOR SURGERY

MORPHOFUNCTIONAL RECOVERY

PATIENT'S WELLNESS

"...Disaster of alloplastic disc replacements..." (Dimitroulis G. Int. J. Oral Maxillofac. Surg. 2005; 34: 231–237)

TWO ARE THE MAIN REASONS TO DECIDE FOR SURGERY

MORPHOFUNCTIONAL RECOVERY

PATIENT'S WELLNESS

"...discectomy...complete resolution in pain and restriction free diet..."

Ericksson L, Westersson P-L. Temporomandibular joint discectomy. Oral Surg Oral Med Oral Pathol 1992: 4: 259–272.

McKenna SJ. Discectomy for the treatment of internal derangements of the temporomandibular joint. J Oral Maxillofac Surg 2001:59: 1051–1056.

MORE WE UNDERSTAND ANATOMY AND FUNCTION BETTER WILL BE THE CHOICE OF SURGICAL TREATMENT

GOALS IN TMJ BIOMECANICAL PATHOLOGY THERAPY

 ARTICULAR BIOMECHANIC RESTRICTIONS RECOVERY

OCCLUSAL BIOMECHANICAL
RESTRICTIONS RECOVERY

WHICH IS THE TARGET OF TMJ FUNCTIONAL SURGERY?

THE MORFOFUNCTIONAL REPAIR

IN MY EXPERIENCE THE MAIN TECHNIQUE IS REPRESENTED BY

- SUPERIOR COMPARTMENT ARTHROSCOPY
- HIGH CONDYLECTOMY
- DISC REPOSITIONING
- RETRODISCAL PERFORATION REPAIR
- LATERAL LIGAMENT RECONSTRUCTION

PIVOTS OF SURGICAL TECHNIQUE

HIGH CONDYLECTOMY

DISC REPOSITIONING

LATERAL LIGAMENT RECOSNTRUCTION

Cascone P. Terapia chirurgica della lussazione anteriore del menisco. Dental Cadmos. 1987; 11:17-29.







SPECIAL SURGICAL RETRACTORS USED TO PROTECT:

•DISC

•RETRODISCAL TISSUE

•MEDIAL WALL OF THE ARTICULAR CAPSULE

"SAPIENZA" Università di Roma Facoltà di Medicina Maxillofacial Surgery Department

PATIENTS TREATED FOR INTERNAL DERANGEMENT FROM 1982 TO 2005 : 565

FOLLOW UP SAMPLE:352TOTAL OF TMJ696

•FOLLOW UP

•RANGE: 3 TO 26 YEARS

•AVERAGE 12.5

352 PATIENTS SAMPLE

•PATIENTS



•MALES: 15%

•FEMALES: 85%

•AGE

•FROM 16 TO 68 YEARS

•AVERAGE 32 YEARS

WILKES CLASSIFICATION

STAGE	CLINICAL	IMAGING	SURGICAL
I. EARLY	Painless clicking No restricted motion	Slightly forward disc, reducing Normal osseous contours	Normal disc form Slight anterior displacement Passive incoordination (clicking)
II. EARLY/ INTERMEDIATE	Occasional painful clicking Intermittent locking Headaches	Slightly forward disc, reducing Early disc deformity Normal osseous contours	Anterior disc displacement Thickened disc
III. INTERMEDIATE	Frequent pain Joint tenderness, headaches Locking Restricted motion Painful chewing	Anterior disc displacement, reducing early progressing to non-reducing late Moderate to marked disc thickening Normal osseous contours	Disc deformed e displaced Variable adhesions No bone changes
IV. INTERMEDIATE/ LATE	Chronic pain, headache Restricted motion	Anterior disc displacement non-reducing Marked disc thickening Abnormal bone contours	Degenerative remodeling of bony surfaces Osteophytes Adhesions, deformed disc without perforation
V. LATE	Variable pain Joint crepitus Painful function	Anterior disc displacement Non-reducing with perforation and gross disc deformity Degenerative osseous changes	Gross degenerative changes of disc and hard tissues; Perforation Multiple adhesions

Internal derangements of the temporomandibular joint: Pathological variation. Arch Otolaryngol Head Neck Surg 115:469, 1989 SYMPTOMS: 696 TMJ

LUXATION <u>5,2%</u>

TMJ PAIN <u>6,5%</u>

CLICKING 22,3%

CLOSED-LOCK <u>39,3%</u>

CREPITUS <u>24,7%</u>

WILKES STAGE



III - IV

V

SYMPTOMS: 352 PATIENTS

HEADACHE AND NECK PAIN

RESTRICTED JAW MOVEMENTS

MAIN SYMPTOMS 696 TMJ







MAIN SYMPTOMS 696 TMJ










LOCAL PAIN 696 TMJ



HEADACHE AND NECK PAIN 352 PATIENTS



HEADACHE AND NECK PAIN 352 PATIENTS



HEADACHE AND NECK PAIN 352 PATIENTS



MAXIMUM MOUTH WIDE OPENING 352 PATIENTS



maximum mouth opening (mm)

EARLY COMPLICATIONS (352 pts)

Transient ipofunction of the frontal branch of the facial nerve

Extra articular/intra-articular haematoma

Infections

Other



 $\left(\right)$

3,4%

0,4%



0

0

3%

0

facial nerve paralysis

ankilosys

Recurrence (need of further surgical intervention)

Others

SAMPLE OF 352 FOLLOW-UP PATIENTS

90.5% OF THE PATIENTS OF THE SAMPLE WOULD UNDERGO FURTHER SURGICAL INTERVENTION EVEN IN CASE OF RECURRENCE

•317 YES • 35 NO

ADEQUATE SURGICAL APROACH

ACCURATE DIAGNOSIS

EVALUATION OF BIOMECHANIC RESTICTIONS

PRE-SURGICAL OCCLUSAL REHABILITATION

MINI-INVASIVE SURGICAL PROCEDURE

ACCURATE FOLLOW-UP



MULTIDISCIPLINARY APROACH



IN COLLABORATION WITH



GIULIO BOSCO MD 3RD YEAR MAXILLO-FACIAL RESIDENT

